



Student Health Advisory Council (SHAC) Meeting
Thursday, Apr 21, 2022
11:00 a.m.

Meeting called to order at 11:00 a.m.

Members were welcomed to the meeting by Jennell Ingram, SHAC chairperson. New members were introduced (Alyssa Haley and Brittney Harper) and guests were introduced. New members were provided with the purpose and mission of the Student Health Advisory Council.

Members present were:

Parents: Patsy LaRue, Valerie DePriest, [Jennifer Glass](#), Ashley James, Sirena Bock, Treva West, Felicia Trotter, and Brittney Harper.

Community members: Alyssa Haley- Lifenet, Dr. [Debra Wright-Bowers, MD](#), Dr. Charles Fontenberry, MD,, Ken Baum-Texas Department of Health, Tenequa Martin-Texarkana College, Bill Kimbro-TISD Board member

District staff: Sharonda Sutton, Amy Doss, Mindy Gennings, Jennell Ingram, Heather Spohn, Danielle Aubrey, [Christie Lammers](#).

- 3 members attended via Zoom.

Approval of the Agenda:

A motion was made by Amy Doss and seconded by Mindy Gennings to approve the agenda as printed. The motion was carried unanimously.

Update on District Wellness Initiative and Summer Learning Programs.

Jennell Ingram, district lead for the SHAC informed members that district participation in the Blue and You fitness challenge was significantly less than previous years. With a total of 364 participants of the district's over 1,000 staff members the percentage of engagement is less than hoped for.

The committee brainstormed ideas as to how to increase the level of participation for future years.

One suggestion was given by Coach [Danielle Aubrey](#), SHAC member and coach at the middle school. Her suggestion was to reacquaint district staff members about the two facilities that are open to staff members for their usage. She reminded the committee that work out rooms and facilities are available at the middle school and the high school's multipurpose building. Though

staff members have been made aware of these facilities, they are rarely used. The suggestion is for the PR department to send email blast once a month or so to remind staff members of the locations and hours of availability.

Other suggestions included having school and department challenges within the time frame of the initiative and to promote the challenge weekly with incentives.

Kudos were given to the Nash campus' efforts in the Blue and You challenge, as the team captain and school staff organized a "March Madness" wall to show individual's progress and to motivate participation. (see photo below)



Shown here is team captain, [Lindy Hatridge](#), Nash Elementary.

Summer Learning Programs update:

Jennell Ingram gave the committee an update on summer learning programs for the district. The summer learning opportunities for students on all elementary campuses and the middle school will take on a camp theme called, "Tiger Paw Camp". The idea is to attract student to the camps by offering learning opportunities in the morning and enrichment activities in the afternoon. Learning time will be hands on and interactive. Enrichment activities include field trips, guest speakers, adventure activities and more. Students who are at risk will be invited to attend and other students who may want to participate are encouraged to come.

Child Nutrition Update:

District Child Nutrition coordinator, [Christie Lammers](#) reported on the upcoming summer feeding program, which provides breakfast and lunch meals for any student who is 18 years old or under. The program will be held at multiple campuses throughout the district. Participants of the program do not have to live in the TISD district to benefit from the program. Ms. Lammers also reported that a new program has begun to provide dinner meals for students who participate in afterschool programs. At present, this program is limited to the middle and high school locations.

Health Services Update:

Heather Spohn, coordinator of Health Services, reported that Covid 19 cases are at an all-time low. She reported one student case reported in the previous week. Ms. Spohn stated that the Covid testing center remains open for staff and students until the end of the school year. Nurse aides will be available throughout the summer at the summer learning sites that include all elementary schools, middle and high schools.

Presentation on Community Health Services

Guest speaker, Ken Baum of the Texas Department of Health Services gave a presentation to the council about the warning signs of Teenage mental health impact. The presentation centered around how parents, staff and students can recognize and signs of teenage mental health issues and the resources available for those struggling.

Old Business:

None

Several questions and comments were made by parents and the meeting was adjourned.

Ms. Ingram thanked the council for their engagement and participation for this year's SHAC meetings.

Next meeting- TBA

Respectfully submitted,

Jennell Ingram
Coordinator of Teacher Mentoring and Academic Affairs.